

# HAPPENINGS AT DIVAKARS

## CENTER OF EXCELLENCE IN WOMENS HEALTH CARE

HD 2016 ISSUE 01

Dear friends,

As we celebrate 25 YEARS OF GLORIOUS SERVICE , we are happy to reflect on the Happenings @ Divakars . Team Divakars , look back with pride and move forward with renewed enthusiasm , inspired by your trust in our continued commitment and dedication .

We have revamped the website , Launched the Hospital APP and introduced wellness packages for various age groups , in addition to speciality clinics .

We now introduce the HD NEWSLETTER - which gives you a glimpse of events and Happenings @ DIVAKARS .

News about the Events in the facility and around us and supported by us is shared with you - an opportunity to connect with you beyond the walls of our consulting chambers .

We hope you would enjoy reading this and we appreciate your feedback.

*Hema Divakar*



DR. HEMA DIVAKAR



## TEAM DIVAKARS

### DOWNLOAD DIVAKARS HOSPITAL APP



### DR RITA SINGH SPEAKS @ BRIGADE PALM SPRINGS ON OCCASION OF INTERNATIONAL WOMENS DAY ....



DR. RITA SINGH

#### ADOLESCENCE

12 to 20 years  
Wellness is an experience  
to be experienced



#### MENOPAUSE

40 years and above  
Caring at all ages at all times



### DR. RITA TAKES THEM ON THE WELLNESS TOUR AND SPELLS OUT THE MANTRA PREVENT ILLNESS AND PROMOTE WELLNESS

WE THANK MRS UMA RAMESH FOR THE OPPORTUNITY PROVIDED

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# DOORS TO THE MUMMY KI PAAT SHALA OPEN AT 10.00 AM ON 12TH MARCH

A FUN FILLED, EXCITING AND EDUCATIVE MORNING AT DIVAKARS



**REGIST  
-RATION**

**WELCOME  
BY TEAM  
DIVAKARS  
& BABY CELL**



**AUDIENCE  
IN RAPT  
ATTENTION**

**INTERACTIONS  
WITH DR HEMA  
DIVAKAR**



ADD COLOUR  
TO YOUR LIFE!

**HAPPY  
HOLI**

PAMPERING  
THEM WITH  
NAIL ART



**FREE GOODIES  
FROM BABYOYE**

SO, I GRADUATED  
AT MUMMY KI  
PAAT SHALA..  
NOW WHAT ?



**WE NEVER  
KNOW THE LOVE  
OF A PARENT  
TILL WE BECOME  
PARENTS  
OURSELVES**

**THIS WILL BE AN EVENT TO REMEMBER !**



# HAPPENINGS AROUND.....

## MARCH 10TH DECLARED AS GDM DAY - TO MARK A MISSION TO STOP DIABETES AND RAISE AWARENESS ABOUT DIABETES IN PREGNANCY

A press meet was organised by ARTIST - The research and training wing of DIVAKARS HOSPITAL in association with WORLD DIABETES FOUNDATION and DIPSI group.

## DIVAKARS HOSPITAL BOASTS OF ESTABLISHING THE FIRST DIP CLINIC (DIABETES IN PREGNANCY CLINIC) IN INDIA

WE CONGRATULATE DR HEMA DIVAKAR FOR RECEIVING THE LIFE TIME ACHIEVEMENT AWARD FROM DIABETES STUDY GROUP OF INDIA.

### Beware of gestational diabetes, say doctors

**ARTIST** With growing awareness about gestational diabetes (GDM) among pregnant women, doctors are warning that it is a serious condition that can lead to complications for both the mother and the baby. Dr. Hema Divakar, a specialist in obstetrics and gynaecology at Divakars Hospital, says that GDM is a condition that develops during pregnancy and is characterized by high blood sugar levels. She emphasizes that it is crucial for pregnant women to get regular check-ups and maintain a healthy diet and lifestyle to prevent complications. The ARTIST team is conducting a series of workshops and seminars to educate pregnant women about GDM and its management.



**ARTIST** ASIAN RESEARCH & TRAINING INSTITUTE for SKILL TRANSFER



## DIVAKARS HOSPITAL SERVICE WING SUPPORTS UDUPA MUSIC FESTIVAL DR HEMA AND DIVAKAR WITH MASTEROS SHIVAMANI | TRILOK GURTU | STEPHEN DEVASSY | RONU MUZUMDAR | ZHAKIR HUSSAIN | NEELADRI KUMAR



## DR HEMA DIVAKAR FELICITATED AS WOMEN ACHEIVER BY CANARA BANK ON THE OCCASION OF INTERNATIONAL WOMENS DAY

